



# Soup Nutsy®

PURVEYOR OF WORLD GOURMET SOUPS

## HAIL KALE & QUINOA

### Nutrition Facts

Per 1 serving (282 g)

Amount	% Daily Value
<b>Calories</b> 350	
<b>Total Fat</b> 7 g	10 %
Saturated Fat 0.5 g + Trans Fat 0.0 g	3 %
<b>Cholesterol</b> 20 mg	
<b>Sodium</b> 480 mg	20 %
<b>Total Carbohydrate</b> 49 g	16 %
Dietary Fibre 6 g	26 %
Sugars 22 g	
<b>Protein</b> 13 g	
Vitamin A:	90 %
Vitamin C:	20 %
Calcium:	30 %
Iron:	20 %

Nutritional information has been calculated by a third-party software and is accurate based upon information and belief. However, no warranty, expressed or implied is intended.